

Scout Adventurer Skills Stage 7 Training post Rec 3

Specifically Designed as an endorsement to a REC 3 course to provide training and skills required for the Scout Stage 7 Emergencies Award

Items in red may or may not have been completed on a rec 3 course - AED has only been rolled out in the last two years but some trainers had been including it

Module 1 First Aid Kits

Stage	Competency Statement	Stage	Competency Statement	Stage	Competency Statement
2	<p>I have made my own first aid kit and know how and when to use it.</p> <p>Scouts need to be able to use their first aid kit in case of emergency while Scouting.</p> <ul style="list-style-type: none"> • What should be contained in the first aid kit. • How to pack the first aid kit. • When first aid kit should be used. • Know when to use different elements of the first aid kit. 	4	<p>I know what should be in our Team first aid kit, and know how to use it correctly.</p> <p>Scouts should be aware of what makes up the Team first aid kit and how to use it. This knowledge can be demonstrated in a simulated situation.</p> <p>What should be in the Team first aid kit.</p> <p>How to pack a Team first aid kit.</p> <p>When the Team first aid kit should be used.</p> <p>Know when to use the different elements of the Team first aid kit.</p>	7	<p>I know what specialised equipment I should have in my first aid kit and how to use and care for it.</p> <p>Scouts should be aware of what a first aid kit contains with consideration to what Scout activities the Group is taking part in.</p> <ul style="list-style-type: none"> • What a typical first aid kit contains. • What specialized equipment is needed depending on the activity to be pursued. • Know how to use all equipment

Module 2 Fires and Fire Safety

Stage	Competency Statement	Stage	Competency Statement	Stage	Competency Statement
3	<p>I know how to create an escape plan for a building or activity location in case of fire with Fire Exits and Assembly Points.</p>	6	<p>I know how and when and when to use different fire extinguishers.</p> <p>Be able to use a fire extinguisher and know what kind of fire extinguisher to use in certain fire situations.</p> <ul style="list-style-type: none"> • Know the different types of fire extinguisher required for certain situations. • How to use fire extinguishers 		

Module 3 Communication & The Rescue Services

Stage	Competency Statement	Stage	Competency Statement	Stage	Competency Statement
2	<p>I can direct help/rescue services to a location.</p> <p>Scouts need to have the ability to show and explain where an emergency is situated as many Scout activities may be in remote areas.</p> <p>Know how to direct help and rescue services to a accident location.</p>	4	<p>I can use various means to show the location of an accident to rescue services.</p> <p>Scouts need to be able to use various methods to show and direct emergency services to the location of an accident.</p> <p>Know how, when and where to use various means of showing an accident location.</p>	7	<p>I know how and when to call a medevac or other medical helicopters.</p> <p>Scouts should be familiar with various emergency situations and know when the situation warrants the services of the rescue service rather than road based ambulance services. Various scenarios should be discussed and suggested procedures outlined in detail.</p>
3	<p>I know the international distress signal and when to use it.</p> <p>Scouts need to talk through the international distress signal. This demonstration/talk can be done in a practical way</p>	5	<p>I know how and when to use flares and other long distance signalling devices.</p> <p>Scouts should know the appropriate time to use flares on land, on the water or air.</p> <ul style="list-style-type: none"> • Know different types of flares. • When to use flares. • Be familiar with and know how to use flares 	7	<p>I can use radio communications effectively in an emergency situation.</p> <p>Scouts should know how to use radio equipment and be familiar with radio procedures as used by rescue teams and emergency response personnel</p>

Module 4 Emergency Action

Stage	Competency Statement	Stage	Competency Statement	Stage	Competency Statement
4	I know how to build a stretcher from improvised materials Scouts should be able to make a number of improvised stretchers from equipment provided. Equipment might include, bivvy bags, rucksacks, clothing, rope, scout staves or walking poles.	5	I know how to escape to safety from various emergency situations. Scouts should be able to identify and discuss various non medical emergency situations such as a building on fire or full of smoke, someone trapped under a heavy weight, person drowning, person who has be electrocuted and explain how to deal with such emergencies.	5	I know how to deal with an accident in open countryside and summon help. The Scout should have a good working knowledge of accident and emergency procedures. Devise the Group accident and emergency plan Know the accident and emergency procedure of the Group. Simulate putting accident and emergency plan into practice to be prepared for use in real situation

Module 5 Support of non core rec 3 elements

Stage	Competency Statement	Stage	Competency Statement	Stage	Competency Statement
4	I know what actions to take with suspected poisoning. Scouts must be able to deal with an event of poisoning on Scout activities. How to identify a case of poisoning and treat it. How to get help for a serious case of poisoning.	6	I know how to use an AED Scout should attend a special training session to learn how and when to use this life saving device. They should also be familiar with the device and the instructions for use that accompany the device		

Non Course Logs

Stage	Competency Statement	Stage	Competency Statement	Stage	Competency Statement
5	I have acted as a Team first aider on at least one activity. The Scout should have sufficient confidence to take on this role. The Scout will be expected to deal with minor ailments in a Team context. A more experienced Scouter should be able to hand to deal with more serious injuries and emergencies.	6	I have acted as a Team first aider on at least one adventure The Scout should have sufficient confidence to take on this role. The Scout should also have acted in this role on other occasions – see levels above. The Scout will be expected to deal with minor ailments in a Team context. A more experienced Scouter should be able to hand to deal with more serious injuries and emergencies. Ideally, the Scout will have completed a basic first aid course provided by another agency such as the Order of Malta, Red Cross, St. John’s ambulance or REC etc.	7	I have acted as Section First Aider on at least one occasion on an adventurous outdoor activity The Scout should have sufficient confidence to take on this role. The Scout should also have acted in this role on other occasions – see levels above. The Scout will be expected to deal with minor ailments in a Team context. A more experienced Scouter should be able to hand to deal with more serious injuries and emergencies. Ideally, the Scout will have completed a basic first aid course provided by another agency such as the Order of Malta, Red Cross, St. John’s ambulance or REC etc.